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Pippa realizes her dream, Mt. Everest, Nepal

Pippa, Team and TrailRider™ Rise Above Barriers

Rise Above Barriers Society Website: www.riseabovebarriers.com

**On Tuesday,
January 29th Pippa
Blake presents:
"Where there's a
wheel, there's a
way"**

**Robinson's
Outdoor Store
Doors open 7 p.m.
Slideshow 7:30
p.m.**

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On Team November 14th, 2007 at 1:06pm. Team "Rise Above Barriers" with Pippa Blake reached Everest Base Camp (5364m).

We cannot do justice here to this accomplishment so we highly recommend you visit the Rise Above Barriers website. View their gallery, read the news, and share their journey.

The following excerpt is from Pippa's reflection on the journey.

"There were precipitous and precarious sections: suspension bridges that waved in the breeze hundreds of feet up and wooden bridges with rotted sections missing. And

then there were "Yak Attacks" by those huge shaggy big horned yaks ringing their bells and moving along the skinny paths with the authority of the "Kings of the Mountains" so you'd better move over. Yet the team never doubted that we would achieve our goal of reaching Everest Base Camp.

From start to finish our Canadian/Nepali Rise Above Barriers "Dream Team" worked in perfect harmony and surely epitomized how a team should work. The trek was very tough and extremely challenging – a great deal tougher and more challenging than any of us had anticipated. However,

throughout the 21-day trip, there was never a mumble or a moan, with each person giving everything they possibly could to move with the TrailRider™ towards our common goal.

There was a great deal of respect for each other within the group. ... There was always support when needed. Each person had something to offer so that everyone knew they were contributing and were an integral part of the team. We were indeed blessed to have such expertise and unselfish sharing within the group."